



September Menu 2025

Monday	Tuesday	Wednesday	Thursday	Friday
			28. Snack: berries, yogurt, and milk Lunch: lasagna, salad, bread, fruit, milk Snack: graham crackers with juice	29. Snack: granola, fruit, and yogurt with milk Lunch: pizza, salad, fruit, a cookie, and milk Snack: cheese crackers and juice
1. Labor Day	2. Snack: apples, cheese sticks, and milk Lunch: vegetable beef soup, salad, bread, fruit and yogurt parfait, and milk Snack: Cheerios and juice	3. Snack: muffins, applesauce, and milk Lunch: chicken, broccoli, and cheesy rice, bread, fruit, and milk Snack: pretzels and juice	4. Snack: berries, yogurt, and milk Lunch: steak fingers, potatoes, green beans, rolls, fruit, and milk Snack: graham crackers and juice	5. Snack: granola, fruit, and yogurt with milk Lunch: meatball subs, chips, fruit, a cookie, and milk Snack: cheese crackers and juice
8. Snack: mandarins, super donuts, and milk Lunch: chicken and cheese quesadillas, salad, fruit, and milk Snack: peanut butter crackers and juice	9. Snack: apples, cheese sticks, and milk Lunch: potato soup, salad, bread, fruit and yogurt parfait, and milk Snack: Cheerios and juice	10. Snack: muffins, applesauce, and milk Lunch: chicken sandwiches, fries, lettuce and tomato, fruit, and milk Snack: pretzels and juice	11. Snack: berries, yogurt, and milk Lunch: Crisпитos, beans, rice, fruit, and milk Snack: graham crackers and juice	12. Snack: granola, fruit, and yogurt with milk Lunch: chef salad, breadsticks, fruit, a cookie, and milk Snack: cheese crackers and juice
15. Snack: mandarins, super donuts, and milk Lunch: hot dogs, chili, fries, fruit, and milk Snack: peanut butter crackers and juice	16. Snack: apples, cheese sticks, and milk Lunch: chicken noodle soup, crackers, salad, fruit and yogurt parfait, and milk Snack: Cheerios and juice	17. Snack: berries, yogurt, and milk Lunch: cheeseburgers, fries, lettuce and tomato, fruit and milk Snack: pretzels and juice	18. Snack: berries, yogurt, and milk Lunch: chicken legs, mashed potatoes, gravy, green beans, fruit, rolls, and milk Snack: graham crackers and juice	19. Snack: granola, fruit, and yogurt with milk Lunch: grilled American cheese sandwiches, chips, fruit, a cookie, milk Snack: cheese crackers and juice
22. Snack: mandarins, super donuts, and milk Lunch: spaghetti, salad, bread, fruit, and milk Snack: peanut butter crackers and juice	23. Snack: apples, cheese sticks, and milk Lunch: taco soup, tortilla chips, salad, fruit and yogurt parfait, and milk Snack: Cheerios and juice	24. Snack: muffins, applesauce, and milk Lunch: sausage, potato, and green bean casserole, wild rice, fruit, bread, and milk Snack: pretzels and juice	25. Snack: muffins, applesauce, and milk Lunch: chicken tenders, fresh roasted veggies, mac-n-cheese, bread, fruit, and milk Snack: graham crackers and juice	26. Snack: granola, fruit, and yogurt with milk Lunch: pizza sticks, salad, fruit, a cupcakes, and milk Snack: cheese crackers and juice

