



October Menu 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Snack: egg and ham McMuffin, fruit, and milk Lunch: taco salad, tortilla chips, refried beans, rice fruit, and milk Snack: Sun Chips and juice	2 Snack: breakfast burrito, fruit, and milk Lunch: Pizza, corn, salad, fruit, and milk Snack: cheese crackers and juice
5 Snack: hashbrowns and sausage, fruit and milk Lunch: chicken legs, mashed potatoes, gravy, green beans, , rolls, and milk Snack: Goldfish and juice	6 Snack: scrambled egg, bacon, fruit, milk, and whole grain toast Lunch: ravioli casserole, corn, bread, fruit, and milk Snack: Cheerios and juice	7 Snack: french toast sticks.strawberries and milk Lunch:honey pepper chicken, rice,grilled veggies, and milk Snack: sunchips,and juice	8 Fall Break: No School	9 Fall Break: No School
12 Snack: whole grain pancakes, fruit, and milk Lunch: chicken tenders, mixed vegetables, mac-n-cheese, and milk Snack: grapes, cheese stick, and juice	13 Snack: grilled cheese, fruit, and milk Lunch: chicken spaghetti, , salad, bread, fruit, and milk Snack: teddy grahams and juice	14 Snack: muffins, applesauce, and milk Lunch: meatloaf, scalloped potatoes,fried okra, rolls, and milk Snack: peanut butter crackers and juice	15 Snack: breakfast burrito, fruit, and milk Lunch: chicken and dumplings, candied sweet potatoes, fruit, and milk Snack: sweet potato cookies and milk	16 Snack: biscuit, sausage, fruit, and milk Lunch: grilled hotdog, chip, Fruit, and Milk Snack: Cheerios and juice
19 Snack: Sausage and biscuit, fruit, and milk Lunch: (Daycare-6th grade)-steak fingers, (7th -12th) chicken fried Steak, mashed potatoes, gravy, green beans , and milk Snack: Go-Gurt and juice	20 Snack: grilled cheese, fruit and milk Lunch: lasagna, grilled veggies ,bread,fruit, and milk Snack: teddy grahams and juice	21 Snack: Cheerios, milk, fruit Lunch: LA loaded chicken fries,w/cane sauce Salad, fruit, and milk Snack: peanut butter and crackers, and Juice	22 Snack: sausage egg muffins, fruit, and milk Lunch: hamburger steak/brown gravy, mashed potatoes, corn, roll, and milk Snack: teddy graham crackers and juice	23 Snack: egg and ham McMuffin, fruit, and milk Lunch: fried chicken sandwich,lettuce,tomato,tat er tots,fruit,and milk , and milk Snack: Sun Chips and juice
26 Snack: fruit bowl, granola, and milk Lunch: fish, hushpuppies roasted potato logs, pinto beans, and milk Snack: apple slices	27 Snack:muffins, applesauce, and milk Lunch: spaghetti,green beans, and garlic toast, fruit and milk Snack:goldfish and milk	28 Snack: hashbrowns,sausage,fruit, and milk Lunch:Lemon pepper chicken, rice,grilled veggies,t and milk	29 Snack: egg and ham McMuffin, fruit, and milk Lunch: barbecue chicken, loaded cheesy potatoes, roll, fruit and milk Snack: Sun Chips and juice	30 Snack: french toast sticks,sausage,fruit,and milk Lunch: cheeseburger,french fries,lettuce,tomatoes, pickles,fruit,and milk Snack:go-gurt and water
2 Snack: scrambled egg, sausage, fruit, milk, and toast Lunch: beef and bean burrito w/chili, Spanish rice, fruit, and milk Snack: peanut butter crackers and juice	3 Snack: muffins, applesauce, and milk Lunch:Grilled chicken sandwich, chips ,lettuce,tomato,fruit, And milk Snack: Go-Gurt and juice			

